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The scoop on some of the area's best ice cream



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Ten tempting ways restaurants are making the most of mango

A REVIEW OF OPAL / NEW IN TOWN: WILLIE T'S SEAFOOD SHACK / COMINGS & GOINGS



DINING

AT TOP: PHOTOS BY DEB LINDSEY, BRENDAN MCCABE

Customized gelato and yogurt pops at Fantasticks in Gaithersburg [PAGE 78](#)

10 Tastes of Mango

The sweet, juicy fruit is trending on local menus, with good reason—rich in antioxidants and vitamin C, it lends a refreshing and tropical flavor to every dish and drink it graces

BY JACQUELINE MENDELSON

- 1 **BLACKENED FISH SALAD** *WHAT* Mahi-mahi atop greens with mango, tomato, jicama, avocado, red onion and cotija cheese tossed in a lime vinaigrette *WHERE* Fish Taco, 10305 Old Georgetown Road, Bethesda; 7251 Woodmont Ave., Bethesda; 7945 MacArthur Blvd., Cabin John
- 2 **HIBISCUS MANGO MILKSHAKE** *WHAT* Plant-based ice cream blended with oat milk, mango, hibiscus and cane sugar *WHERE* Silver Diner, 12276 Rockville Pike, Rockville; 9811 Washingtonian Blvd., Gaithersburg
- 3 **IN THE TROPICS** *WHAT* A smoothie made with mango, mamey (a fruit popular in many Latin American countries) and coconut water *WHERE* Colada Shop, 7993 Tuckerman Lane, Potomac
- 4 **MANGO AVOCADO SALAD** *WHAT* Mango, avocado and mixed greens laced with a cumin dressing *WHERE* Commonwealth Indian, 11610 Old Georgetown Road, Rockville
- 5 **MANGO SORBET** *WHAT* A 100% organic frozen treat made with the Ataulfo mango (a golden-yellow Mexican variety) *WHERE* Pitango Gelato, 4901 Fairmont Ave., Bethesda
- 6 **MANGO SELTZER** *WHAT* An effervescent made-to-order seltzer with fresh mango puree poured over ice and garnished with a slice of mango *WHERE* Hello Betty, 940 Rose Ave. (Pike & Rose), North Bethesda
- 7 **MANGO STICKY RICE** *WHAT* A classic Thai dessert comprising sweet rice served with fresh yellow mango *WHERE* Ruan Thai, 11407 Amherst Ave., Wheaton
- 8 **MIGHTY MANGO MARGARITA** *WHAT* Silver blue agave tequila mixed with Aperol, mango puree, lime, agave and orange liqueur *WHERE* Gringos & Mariachis, 4928 Cordell Ave., Bethesda; 12435 Park Potomac Ave., Potomac



- 9 **SPICY BUBBLY MANGO MARGARITA** *WHAT* A glam mocktail that mingles nonalcoholic mezcal tequila, mango nectar, mango tropical kombucha and fresh lime juice *WHERE* Restaurant 198, 15540 Old Columbia Pike, Burtonsville
- 10 **SUNSHINE BOWL** *WHAT* Blended mango, banana and guava juice topped with granola, strawberries, bananas and pineapple *WHERE* South Block, 11803 Grand Park Ave. (Pike & Rose), North Bethesda